



BRINGING HOME A NEW BEST FRIEND?

THE DOG ADOPTION QUICK-START GUIDE

START OFF YOUR RELATIONSHIP
ON THE RIGHT PAW!

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FOUR PAWS & YOU DOG TRAINING

WWW.FOURPAWSANDYOUDOGTRAINING.COM

Welcome Your New Dog Home



CONGRATULATIONS ON BRINGING A NEW DOG INTO YOUR HOME.

THIS IS AN EXCITING ADVENTURE WHICH WILL BRING BOTH YOU AND YOUR DOG COMPANIONSHIP, LOVE AND FULFILLMENT.

YOU WANT THE BEST FOR YOUR NEW BEST FRIEND AND THIS GUIDE WILL SET YOU UP FOR SUCCESS RIGHT FROM THE START.

THE PURPOSE OF THIS GUIDE IS GIVE YOU THE BASICS OF SETTING UP YOUR HOME AND ESTABLISH YOUR RELATIONSHIP RIGHT FROM DAY ONE..

GET READY AND GET SET, YOUR JOURNEY STARTS NOW!

First Things, First!

THE FIRST STEP IS OBTAINING YOUR COPY OF THE NEW PET PARENT CHECKLIST AVAILABLE AT WWW.FOURPAWSANDYOUODOGTRAINING.COM

THIS COMPREHENSIVE CHECKLIST WILL GIVE YOU ALL THE MUST-HAVES BEFORE YOU BRING HOME YOUR DOG.

THE RECOMMENDATIONS PROVIDED WILL HELP YOU DECIDE ON ALL THINGS FOR YOUR DOG TO ENJOY PLAY, FOOD, WALKS TO EVEN TRAVELING WITH THE FAMILY AND KEEPING YOUR DOG SAFE AT THE SAME TIME.



MANAGEMENT TO PREVENT PROBLEMS

1. CREATING A HOME BASE FOR YOUR DOG

FIND AREAS IN YOUR HOME IN OR AROUND COMMON AREAS WHERE YOU CAN SET UP YOUR DOG'S HOME BASE. THIS IS YOUR STARTING POINT!

HOME BASES ARE AREAS WHERE YOU CAN BLOCK OFF A SPACE WITH BABY GATES OR AN EXERCISE PEN, SO YOUR DOG HAS A SPOT TO GO FOR REST AND RELAXATION.

THIS CAN ALSO ACT AS A BARRIER WHEN YOU OR ANOTHER RESPONSIBLE ADULT IS NOT ABLE TO SUPERVISE INTERACTIONS WITH CHILDREN, TO HELP WITH HOUSE TRAINING OR PREVENT ANY UNWANTED CHEWING.

HELP YOUR DOG LOVE THE HOME BASE BY LEAVING STUFFED KONGS, LONG LASTING CHEWS AND EVEN SCATTER FEEDING OTHER SMALL TREATS AROUND SO YOUR DOG HAS AN OPPORTUNITY FOR SEEKING OUT THE BITS!

ALSO, GET RID OF THE FOOD BOWL AND FEED YOUR DOG'S MEALS OUT OF THE KONGS OR ROLL UP A TOWEL WITH THE FOOD STUFFED INSIDE!

2. START WITH CONTROLLED SEPARATIONS

CONTROLLED SEPARATIONS ARE SHORT PERIODS OF TIME WHEN YOUR DOG PRACTICES BEING IN THE HOME BASE ALONE WHILE YOU ARE HOME.

CONTROLLED SEPARATIONS HELPS YOUR DOG'S CONFIDENCE GROW WHEN LEFT ALONE. THIS IS NECESSARY, BECAUSE LET'S FACE IT, YOU HAVE TO LEAVE SOMETIME!

WHEN YOU SCATTER FEED TREATS OR LEAVE STUFFED KONGS FOR YOUR DOG TO ENJOY WHILE YOUR DOG IS AT HOME BASE, DO SOME LIGHT CHORES, PUT A LOAD OF LAUNDRY IN, SWEEP THE FLOOR AND THEN COME BACK AND DROP A FEW MORE TREATS AND RESUME SOME OF YOUR ACTIVITIES.

WHEN YOU COME BACK AGAIN, IMMEDIATELY ENCOURAGE YOUR DOG FOR A POTTY BREAK OUTSIDE.

NOW YOU ARE CREATING A ROUTINE WHICH IS PREDICATBLE FOR YOUR DOG. THIS BUILDS YOUR DOG'S SENSE OF SECURITY AND TRUST YOU WILL RETURN AND YOUR DOG WILL HAVE RELIABLE TIMES FOR ELIMINATION.

AFTER SOME TIME AT HOME BASE,, THEN GIVE YOUR DOG TIME WITH YOU PLAYING OR WORKING ON SOME HOUSE MANNER CUES.

TRAINING & ENRICHMENT TIPS

3.HOUSETRAINING PRACTICE

AS YOU GUESSED, CREATING YOUR DOG'S HOME BASE PLUS WORKING IN CONTROLLED SEPARATIONS WILL TEACH YOUR DOG ABOUT PROPER ELIMINATION HABITS.

HERE ARE A FEW OTHER HELPFUL TIPS TO KEEP IN MIND WHEN FURTHERING YOUR DOG'S HOUSETRAINING SUCCESS

- 1.SET A TIMER AND TAKE YOUR DOG OUT EVERY HOUR. THIS IS HELPFUL EVEN FOR RE-HOUSETRAINING AN OLDER DOG.**
- 2.WHEN YOUR DOG ELIMINATES OUTSIDE, LOTS OF PRAISE AND REWARDS! THEN YOUR DOG HAS UN-SUPERVISED TIME INSIDE UNTIL YOUR TIMER GOES OFF IN AN HOUR!**
- 3.IF YOUR DOG DOES NOT ELIMINATE, THEN KEEP AN EYE ON YOUR DOG AND OBSERVE BEHAVIORS LIKE CIRCLING, SNIFFING AND MOVING AWAY. TAKE YOUR DOG OUT IMMEDIATELY AND PRAISE AND REWARD WHEN YOUR DOG DOES ELIMINATE OUTSIDE**
- 4.IN ADDITION TO YOUR TIMER, TAKE YOUR DOG OUT AFTER SLEEPING,. RESTING, DRINKING, EATING, PLAYING.**

4. LEASH WALKING GAME

LEASH WALKING IS LIKE LEARNING A NEW DANCE WITH A NEW PARTNER.. IT WILL TAKE SOME PRACTICE IN THE BEGINNING, EVEN WITHOUT THE LEASH AT FIRST!

1. GET A HIGH VALUE REWARD (LIKE CHEESE OR BITS OF STEAK) AND ALSO GET A LOW VALUE REWARD (LIKE YOUR DOG'S KIBBLE)
- 2.SAY YOUR DOG'S NAME. WHEN YOUR DOG COMES OVER TO YOU, REWARD WITH THE HIGH VALUE AND IMMEDIATELY DROP THE LOW VALUE AND WALK AWAY.
- 3.WHEN YOUR DOG APPROACHES YOU, IMMEDIATELY REWARD WITH THE HIGH VALUE AND AGAIN DROP THE LOW VALUE AND WALK IN THE OPPOSITE DIRECTION. REPEAT!
- 4.YOUR DOG MAY IGNORE THE LOW VALUE YOU DROP AND THAT IS TOTALLY OK! NOW, TAKE A COUPLE OF STEPS AS YOUR DOG IS WALKING NEXT TO YOU CONTINUE PRAISING AND THEN REWARD! THE PRAISE IS BRIDGING YOUR DOG TO THE TASTY BITS WHICH IS SIGNALING TO YOUR DOG THE REWARD IS COMING.
- 5.AS YOU SEE YOUR DOG CATCHING ON TO THE GAME, THEN SET UP A COUPLE OF CHAIRS OR STOOLS ABOUT 6-8FT APART. BEGING WALKING FIGURE 8'S AROUND THEM. THIS ADDS A BIT OF CHALLENGE, SO CONTINUE ENCOURAGING YOUR DOG WITH THE HIGH VALUE REWARDS
- 6.AS YOUR DOG FOLLOWS THESE NEW RULES, CLIP THE LEASH ON AND GO BACK TO STEP 1. PRACTICE AND CONTINE

5. PLAYING FIND IT FOR LEAVING, FOR LEASH WALKING FOR ANYTHING REALLY

THIS IS A FUN GAME WHICH YOU CAN PLAY DURING YOUR LEASH WALKING ADVENTURES TO WHEN YOU ARE GETTING READY TO LEAVE FOR WORK OR RUN ERRANDS.

1. START BY HAVING SOME TREATS. AS YOU TOSS THEM CLOSE BY YOUR DOG, SAY FIND IT. PRAISE AS YOUR DOG IS GETTING THEM ALL. REPEAT.
2. AS YOUR DOG GETS THE IDEA OF THE GAME, THEN ASK FOR A SIT/WAIT. PLACE A TREAT CLOSE TO YOUR DOG. SAY FIND IT AND WATCH YOUR DOG GET UP AND GO FOR THE TREAT. PRAISE WHEN YOUR DOG DOES. FIND IT! REPEAT.
3. AS YOUR DOG IS SUCCESSFUL, THEN YOU CAN PLACE THE TREATS A LITTLE FARTHER AWAY OR EVEN PLACE IN SOME SMALL BOXES. SAY FIND IT AND WATCH YOUR DOG SEARCH FOR THE TREATS. REPEAT.
4. THE SAME IS PLAYED OUTSIDE-TOSS SOME TREATS AND SAY FIND IT. THIS CAN BE A FUN GAME WHEN SOME DISTRACTIONS ARE GRABBING YOUR DOG'S ATTENTION. BRING OUT SOME DIFFERENT HIGHER VALUE REWARDS WHEN YOU'RE OUT ON A WALK, SO THIS CAN KEEP YOUR DOG'S INTEREST ON THE GAME.
5. WHEN YOU ARE PRACTICING CONTROLLED SEPARATIONS, ASK FOR YOUR DOG FOR A SIT/WAIT. THEN SPRINKLE THE REWARDS ABOUT AT YOUR DOG'S HOME BASE. SAY FIND IT AND START WORKING ON YOUR CHORES!

RESOURCES

FOUNDATION FOR FORCE FREE DOG TRAINING:

DO NO HARM DOG TRAINING MANUAL:

[https://gumroad.com/l/trainingmanual?
fbclid=IwAR39rdYNDRwPzEsJMUev_yzaSEKt1ivDrJb
4qWdCUhmMwkl7VF54K0gkH2U](https://gumroad.com/l/trainingmanual?fbclid=IwAR39rdYNDRwPzEsJMUev_yzaSEKt1ivDrJb4qWdCUhmMwkl7VF54K0gkH2U)

FIND YOUR FORCE FREE PET PROFESSIONAL;

WWW.PETPROFESSIONALGUILD.COM

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WWW.FEARFREEPETS.COM

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